

COMMUNITY, RECREATION AND LEADERSHIP TRAINING

391.A0



3 YEARS

www.dawsoncollege.qc.ca/community-recreation-leadership-training-crlt/

If you would like to:

- Organize and facilitate events and activities
- Effectively lead and manage group dynamics
- Work in community development and with grassroots projects
- Deepen your knowledge about yourself and others
- Develop and practice well-being for all, sustainably
- Help others stay healthy through positive recreational activities
- Enhance and improve the quality of life of a diverse clientele

Then the **Community Recreation and Leadership Training (CRLT) Program** could be for you.



What I love most about my program is that it involves education built upon a value system of kindness, empathy and community.

— Aaron N.

Join one of the most dynamic programs on campus! Upon graduation, you could enjoy a career promoting well-being for all through positive recreation and community development activities. The program emphasizes hands-on learning through local, national and international fieldwork placements, which develop leadership skills and provide real work experience. Students are part of a close-knit and caring community. CRLT is the only three-year technical program of its kind offered in English in Quebec.

What will you learn?

- To plan, lead and evaluate a variety of recreational and community-based activities and events
- To develop leadership skills
- To work as a team and develop group dynamics skills
- To plan fundraising events
- To develop networking, communications and public relations skills
- To develop entrepreneurship, administrative and human resource management skills

Where will this program lead you?

A DEC in Community Recreation and Leadership Training prepares graduates to work in multiple settings, such as:

- community centres
- municipal recreation
- outdoor recreation
- hospital and therapeutic recreation
- school and campus recreation
- special events companies
- fitness centres and community recreation associations
- tourist destinations, resorts and overnight camps
- ... and many more!

Many CRLT graduates choose to pursue university studies in programs such as Recreation Management, Therapeutic Recreation, Recreation and Leisure Studies, Education, Human Resource Management, Kinesiology, Physical Education and Sports Management.

CRLT graduates may receive advanced standing credits from particular universities (e.g. Concordia University) for specific programs, making it possible to complete a degree in only two years.

What do you need to apply?

- A Diploma of Secondary Studies (DES) or academic background judged equivalent to the DES
- Interview*

*For the most up-to-date and complete details, visit www.dawsoncollege.qc.ca/community-recreation-leadership-training-crlt

LIST OF SPECIFIC COURSES

All students must also take General Education courses such as English, French, Humanities and Physical Education, in addition to complementary courses.

YEAR 1

Term 1
<ul style="list-style-type: none"> ▪ Leisure Behaviour ▪ Recreation & Society ▪ Recreation Leadership I ▪ Environmental Issues in Outdoor Recreation ▪ Health & Safety ▪ Introduction to Leisure ▪ Techniques of Communication for the Recreation Professional

Term 2
<ul style="list-style-type: none"> ▪ Fieldwork I ▪ Creativity ▪ Group Leadership: Theory & Practice I ▪ Clientele: Consumer Needs ▪ Business Administration in Recreation

YEAR 2

Term 3
<ul style="list-style-type: none"> ▪ Research Methods for Recreation ▪ Promotion of Recreation Services ▪ Leadership of Recreation Activities ▪ Environmental Leadership Experience ▪ Group Leadership: Theory & Practice II ▪ Workplace Management

Term 4
<ul style="list-style-type: none"> ▪ Fieldwork II ▪ Organization & Management of Recreation Programs ▪ Program Design I ▪ Winter Outdoor Experience ▪ Principles of Fundraising

YEAR 3

Term 5
<ul style="list-style-type: none"> ▪ Program Design II ▪ Project Management ▪ Supervision of Human Resources ▪ Entrepreneurship ▪ Plan/Design & Maintenance of Recreational Facilities ▪ Public Relations

Term 6
<ul style="list-style-type: none"> ▪ Internship ▪ Integrative Seminar

What else should you know?

- Students accumulate over 580 hours of practical work experience through three fieldwork placements, which they can choose
- CRLT is well known for organizing one of Canada's largest student-driven outdoor education programs. Final year students lead a camp for 100 first-year and second-year students.
- The CRLT Department has its own sunny and plant-filled space, which helps foster a positive, supportive, effective and collaborative learning environment. Our common room, program-exclusive computer lab, conference room and multipurpose room help build a strong sense of community. The proximity of the faculty offices to these spaces enables open communication and ongoing support to all of our students.
- All students in the CRLT Program receive First Aid Certification
- Graduates are eligible to obtain a Peace Studies Certificate and Environment and Sustainability Certificate
- Students must pass a mandatory police background check in the first semester in order to be placed in a fieldwork setting
- Make a request to experience life as a CRLT Student for a Day at crlt@dawsoncollege.qc.ca

Application Deadline

March 1