

CAREER RESOURCE CENTRE

What we do in the CRC:

- Help students identify career possibilities and connect them with related resources.
- Administer career and personality related assessments and exercises.
- Identify the different actions that will help students reach their career objectives (i.e.: education, training, volunteering, etc.).
- Provide career-related workshops and outreach initiatives.

Reasons to visit the CRC:

- Questioning current program choice.
- Uncertain about career goals.
- Failing program (not a course) and are unsure of your options for the future.
- Thinking about switching programs.
- Not sure which program will lead to the career you have in mind.
- Have an idea of what area/field you would like to study but are unsure of what occupation(s) it can lead to.

ACADEMIC ADVISING

What we do in Academic Advising:

- Help students make responsible educational decisions.
- Advise on graduation requirements, program transfers, college policies & procedures, and how to apply to university.
- Help students access support services.

Reasons to see an Academic Advisor:

- To ask about possible consequences of dropping courses.
- To ask about program pre-requisites for CEGEP or university.
- Wondering what courses are offered in summer.
- If you are struggling in your courses and need guidance.
- If you want to reduce your course load & add an extra semester.

OVERLAP

Questioning current program choice.
Failing program (not a course) and are unsure of options for the future.
Thinking about switching programs.

