

CAMPUS RECREATION Winter 2022

	STUDENT	STAFF	ALUMNI	PUBLIC	
OPEN GYM SPORTS	\$2	\$2	NA	NA	
DAY PASS /ROCK CLIMBING /WEIGHT ROOM	\$4	\$6	\$7	\$8	
MEMBERSHIP WEIGHT ROOM	\$50	\$60	\$70	\$120	
MEMBERSHIP 1 CLASS FITNESS/SPORTS /MARTIAL ARTS	\$50	\$60	\$70	\$120	
FULL MEMBERSHIP (1 CLASS + WEIGHT ROOM)	\$70	\$80	\$90	\$140	
103 STUDENTS	\$35				

WEIGHT AND FITNESS ROOM HOURS

MONDAY –THURSDAY 10:00 -6:00 pm room 1H.2*
 (*Closed Tuesday-Wednesday from 12:00 – 1:00 pm for Circuit/H.I.I.T. Training)
FRIDAY – 12:00 – 5:00 pm room 1H.2
MONDAY-TUESDAY –THURSDAY 6:00 – 9:00 pm room -1H.1
WEDNESDAY 6:00 – 9:00 pm room 1H.2

GROUP FITNESS / MARTIAL ARTS / SPORTS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00 to 1:00 pm	PILATES 4F.1				
12:00 to 1:00 pm	CIRCUIT 0H.1		CIRCUIT 1H.2	CIRCUIT 0H.1	
12:00 to 1:00 pm		H.I.I.T TRAINING 1H.2			H.I.I.T TRAINING -1H.1
12:00 to 1:45 pm				ROCK CLIMBING -1H.2	
2:00 to 3:00 pm				YOGA 4F.1	
6:00 to 7:00 pm			PILATES 4F.1		
6:00 to 7:30 pm	KUNG FU 0H.3		KUNG FU 0H.3		
6:00 to 7:30 pm		ROCK CLIMBING -1H.2			

OPEN GYM SPORTS

-1H.2	VOLLEYBALL 4 to 5:45 pm				
-1H.4		BADMINTON 4 to 5:45 pm		BADMINTON 12 to 1:45 pm	
-1H.6	BASKETBALL 2 to 3:45 pm				BASKETBALL 12 to 1:45 pm

OPEN HOUSE

February 21st to March 4th,2022

EXTENDED UNTIL MARCH 11TH

ONLINE REGISTRATION

THROUGH YOUR PORTAL BEGINS February 21st ,2022