

## Formal Assignment: Nursing Care Plan

This is one of the 2 formal assignments used during the paediatrics rotation. Students complete one of these assignments based on their clinical experience in the hospital. They have one patient (and family) to care for, and in this assignment which is based on the Orem model of Nursing, they need to find out background information about the child and family (Basic Conditioning Factors), as well as medical information, and they need to organise a plan of care based on the child's developmental level. A major focus of the paediatrics rotation is to understand growth and development in children from infancy through adolescence. They must think about what the developmental needs are in their patient in relation to their illness and hospitalisation, and created a plan of care that aims at meeting these needs. The plan is based on the Nursing Process which is the universal process applied when organising nursing care. It is composed of 4 steps: Assessment, Planning, Intervention and Evaluation.

*BASIC CONDITIONING FACTORS (allow space as appropriate to complete correctly and thoroughly)*

1. Age \_\_\_\_\_
2. Sex \_\_\_\_\_
3. *Developmental stage:* \_\_\_\_\_
  - a. cognitive:
  - b. physical:
  - c. psychosocial:
    - i. Identify Erikson's principal conflict for your patient.
    - ii. Provide data that illustrate this developmental stage in your patient.
4. Health state
  - a. Current state of well being:
    - Physical:

- Emotional:

b. Parent/family description of:

i. The effects of condition/illness on their way of life

ii. Their understanding of health and treatment for their child

iii. Their involvement in /attitude towards treatment

iv. Their health goals and services expected.

5. Health Care System Factors:

a. Current medical diagnoses:

b. Admission date:

c. Summary of current medical condition:

d. Medical plan of care and treatment / surgery and date of surgery:

e. Medical orders for this admission:

f. Consultations or referrals specifying plan of care and treatment by other professionals:



## DEVELOPMENTAL NURSING CARE PLAN

Child's Initials: \_\_\_\_\_ Child's age and developmental stage: \_\_\_\_\_

**REQUISITES:** (DSCR)

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<u>PERTINENT DSCR DATA</u>	<u>DATA ANALYSIS WITH CONCLUSION... (THE SO WHAT QUESTION?)</u>

<u>PERTINENT BCF DATA</u>	<u>DATA ANALYSIS</u>
<u>PERTINENT USCR DATA</u>	<u>DATA ANALYSIS</u>









## **NURSING CARE PLAN: EVALUATION**

### **EVALUATION/MANAGEMENT**

Was the plan implemented? If so describe how this was done, or how you would have done this if you had had the opportunity.

What if any arrangements were made for your plan to be implemented & followed up?

Describe some additional or alternative plans in optimising care for your patient.

**Please provide separate reference page as per APA**

